

Someone Else's World

Why a person acts one way has been an age long question. The way a human brain responds to an event is just one of the brain's marvelous mysteries. It seems remarkable that "psychology, the scientific study of the human mind and its functions, first appeared in the 1870s".[1] Psychology is an important subject, as it can help one understand others better. Understanding other people is necessary because it allows one to assist others easily and learn more about identity. Listening to other people's point of view can also help one become more omniscient, empathetic, and open minded. Therefore, it is necessary to occasionally look into someone else's view.

A person's personality is based on the decisions he makes, his actions, and his habits. His choices are usually based on his values. According to Teen Health, "[v]alues are the beliefs that guides the way a person lives, such as what is right and wrong, and what is most important".[2] Values come from many places including one's family, friends, religious beliefs, and personal experiences. However, in my opinion, personal experience affects values the most.

The events that one goes through will definitely influence one's character. For instance, a person that has gone through many heartbreaking moments would end up being very depressed. Personal experiences therefore shape a person's personality. Sometimes, friendships occur between two people. According to Teen Health, "[f]or friendships to transpire, one person must like the overall personality of the other person".[2] Everybody's response to events are different. For example, if a person greets someone, then that person can be sarcastic, cruel, cheerful, quiet, or even sassy. The way people act towards each other can reveal their relationship. If one were able to understand, feel, and see the world from another's person perspective, it would be easier to develop a healthy relationship with them.

Being able to think and feel like other people can benefit oneself too. One could develop better relationships and be more social. It can also help someone to become more astute, leaning events towards one's advantage. One would be able to see through people if they were trying to deceive them. One could catch all the sarcastic and sassy marks their friends make. One could indirectly insult people. In no time, that person's popularity would increase much higher. However, being this omniscient comes with a consequence. Their friends might abandon them. They would be a changed person, and not in the good way. This

is why one must control themselves when looking into someone else's perspective and not go overboard. Looking into other people's point of view will allow one to analyze their personality and find out how their personality was shaped. One can also become more intelligent and social. Eventually, they would develop traits that define their identity more clearly.

Looking into someone else's view is crucial for a healthy relationship. Values decide decisions, which form one's personality. The personal experiences one goes through affects one's character greatly. Looking into someone else's point of view can also benefit oneself. So, next time you're talking to someone, "Look not into your own view, but into somebody else's shoes."

Footnotes

[1]2016 American Psychological Association. "Careers in Psychology." *Pardon Our Interruption*. N.p., n.d. Web. 08 Dec. 2016.

[2]Bronson, Mary H. *Glencoe Teen Health*. Woodland Hills, CA: Glencoe / McGraw-Hill, 2009. Print.